Dr. Uzo Nwankpa,
DNP, MSN, BSN, RN

Dr. Uzo Nwankpa, DNP, MSN, BSN, RN is an interdisciplinary performing artist, community health nurse, educator, researcher, and healing arts facilitator whose work bridges nursing, public health, community healing, and performance. She earned her Bachelor of Science in Nursing (BSN), Master of Science in Nursing (MSN), and Doctor of Nursing Practice (DNP), with a scholarly focus on communal healing and culturally grounded approaches to wellbeing. Dr. Nwankpa serves as an Adjunct Assistant Professor in the College of Nursing at Samuel Merritt University. Her work centers on reclaiming, remembering, and revitalizing Indigenous and community-based healing practices that support individual and collective wellness. Through performance ritual, autobiographical storytelling, embodied practice, and immersive experiential installations, she creates transformative spaces for healing, reflection, and connection. She is the founder of The Uzo Method Project, a public health initiative dedicated to restoring, remembering, and re-indigenizing the mind, body, and spirit as pathways toward personal and community healing. Dr. Nwankpa is also the developer of the RICHER Model, a five-step framework for cultivating healing-centered engagement and facilitating transformative experiences in community settings.

As a nurse leader, artist-scholar, and community advocate, Dr. Nwankpa integrates evidence- informed practice, cultural wisdom, and creative methodologies to advance health equity, resilience, and collective wellbeing. She currently lives and works on the unceded ancestral lands of the Ohlone people in the San Francisco Bay Area.

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